ORGANIC JUICE BAR & CAFE



ALL ORGANIC FRESH SQUEEZED JUICES

(10oz) (16 oz) (24 oz)
Grapefruit, Orange
[market prices prevail]

CARROT \$3.99*\$4.99*\$5.99

additions @ \$0.75 each:
ginger, garlic, celery, parsley,
apple, spinach, cucumber, kale,
beet, cabbage, turmeric.

WHEATGRASS

(1 oz) (2 o z) (4 oz) \$2.99*\$3.99*\$6.49

All Green Juice

(no carrot or apple) (10 oz) \$7.99 * (16 oz) \$9.99

JUICES

(10 oz) (16 oz) (24 oz) \$6.99*\$8.99*\$10.99

(no substitutions)

GODZILLA...MEAN & GREEN W/ FIREPOWER!

Carrot juice, green 'superfood' powder,
garlic, ginger, cayenne.

GARDEN OF EDEN...EMERALD TONIC Celery, Cucumber, Spinach, Granny Smith apple, 1 oz. Wheatgrass juice.

PARADISE COCKTAIL...LIQUID LIGHT Carrots, Celery, Cucumber, Beet, Apple.

MASTER CLEANSER...stanley Burroughs!

2 tablespoons fresh pressed lemon juice, 2 tablespoons organic maple syrup, 1/10 teaspoon cayenne powder (red pepper), 10 oz. purified water ... (set price: \$4.99)

The

Green Earth

since 1980

50 EAST MAIN ST. Riverhead, N.Y. 11901 (631) 369-2233

www.genfm.com

Store Hours:

M - F Sat. Sun.



9:30 - 6 10 - 6 11 - 5

Juice Bar & Caie Hours: Mon. - Fri. 9:45 am - 4:45 pm Sat.10:15-4:45/Sun.12-4

SMOOTHIES

(10 oz) (16 oz) (24 oz) \$5.99*\$6.99*\$8.99 CREATE YOUR OWN

PROTEIN SMOOTHIE

choice of:

Spirutein powders, 95% soy protein (non-GMO), vegetable protein (non-soy), or favorite 'muscle-gain' powder supplement.

choice of:

Rice, soy, almond or cow's milk (each as available).

choice of fruit:

Banana, seasonal fruit or frozen strawberries, blueberries or "mixed" berries.

*ADD-ON BOOST: \$1.00 extra (each)

Spirulina, blue-green algae, bee pollen, brewer's yeast, lecithen, flax seed oil, maca, ginseng, ginkgo biloba or gotu kola.

Lemonade (24oz) \$1.99

Mission Statement:

Loving service to our clientele utilizing the finest organic ingredients.

Bon Appetite!

Tea/Coffee (12oz) \$1.79 Iced Tea/Coffee (24oz) \$1.99

(Organic / Fairtrade ... delicious !)

*Cafe selections (Dine-in or Take-out):

soups, salads, sandwiches, wraps, pizzas, grains, homeade cookies / fudge / brownies / cakes and living food selections. Inquire about our "daily specials". See our cafe menu!

Prices and ingredients subject to market conditions.

Call ahead for special orders, or if arriving late.

We're your kind of natural foods market!